



# RAMZAN FOOD SUPPORT PROGRAMME

## FUNDING APPEAL 2025

**MADINATUL ILM  
CHARITABLE TRUST  
RAWALPINDI  
PAKISTAN**

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### Introduction

Ahead of the Islamic fasting month of "Ramzan", the **Madinatul Ilm Charitable Trust (MICT)** is reaching out for donations for its upcoming Ramzan Food Support Programme for impoverished households in slums and remote areas. This is MICTs' annual programme through which 1000 families are targeted for provision of essential food items.

Due to ongoing inflation, many food items of daily use have become unaffordable and out of reach for several families. This has increased the level of poverty and has particularly affected low-income groups.

During Ramzan, underprivileged families in Pakistan have to struggle hard to access every day food due to financial constraints. Fasting from sunrise to sunset makes this holy month particularly challenging. This may also lead to health and nutrition challenges. Many low-income families are unable to afford daily food items such as flour, rice, lentils, cooking oil, sugar etc. Through the Ramzan Food Support Programme, MICT aims to reach vulnerable families which have no access to proper meals.

MICT's Ramzan Food Support Programme aims at raising Rs. 55 lakhs to procure and distribute food packs among 1000 poor and needy families. To the extent possible, food packs are purchased at or near the points of distribution, giving business opportunities to local vendors to enhance their income. By so doing, MICT also saves on transportation costs.

The food packs will contain the following tentative items by quantities: -

DATES 400 G	FLOUR – 15 KG	CORRIANDER POWDER – 100G
RICE (BASMATI) – 2KG	DALDA COOKING OIL – 2 KG	SUGAR –2 KG
DAAL CHANNA–1KG	RED CHILI POWDER – 200 G	TAPAL TEA – 170 G
DAAL MOONG – 1 KG	SALT – 800 G	WHITE CHANNA – 1 KG

### Target Groups

MICT will target needy families in vulnerable areas prioritizing widows, orphans, special people and the unemployed. Data collection is underway to compile details of families in need. MICT staff and volunteers will personally distribute food packs at selected distribution points.

### Estimated Cost

The estimated cost per food pack is Rs.5500 inclusive of packing, transportation and miscellaneous expenses. The number of families will be adjusted if actual prices vary at the time of purchase.

### DONATE NOW

MADINATUL ILM CHARITABLE TRUST

BANK AL-HABIB, Chaklala Scheme – III Branch, Rawalpindi, Pakistan

Account No: 0061-0081-000620-016 / IBAN – PK52BAHL0061008100062001

CASH DONATIONS MAY BE SENT ONLINE WITH INFORMATION TO MICT VIA EMAIL

email address: [mictmanagement@gmail.com](mailto:mictmanagement@gmail.com)

THIS ACCOUNT CANNOT RECEIVE FUNDS FROM A FOREIGN CURRENCY ACCOUNT

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